

THE UNIVERSITY OF QUEENSLAND CANOE CLUB

G1: TIPPLERS AT SOUTH STRADBROKE

This is a two day/one night trip from Jacobs Well to Tipplers campground on South Stradbroke Island.



Discipline	Sea kayaking	Paddle <u>Grade</u>	1
Date(s)	Saturday 17/08/23 to Sunday 18/08/23	Event ID	240817S
Distance	Day 1 17 km Day 2 13 km	Duration	2 days/ 4 hours per day
Leader	Steffanie Linde- Balko	2IC	TBD





Route Map Day 2

Tides (Brisbane Bar)	07:16 high tide 13:19 low tide	Moon	Three days to full moon
Sunrise/set	Sunrise: 6:17	Sunset: 17:28	

Trip Outline

Saturday

- 6:15 AM Meet at club shed to pack trailer
- 7:45 AM Depart club shed
- 9:00 AM Meet at put in point at Jacobs Well and prepare the boats, if enough time grab drink and snack from nearby café (only after individual boats are packed) This is the last toilet stop before we reach the camp ground!
- 10:00 AM Start paddling with tidal assistance
- 12:00 PM Lunch stop on the northern tip of South Stradbroke, wait for tide to turn and maybe walk to surf side
- 13:30 PM start paddling
- 15:00 PM Arrive at camp ground and set up tents
- Option to have dinner at the campground

Sunday

- 9 AM Get up and pack
- 10 AM Option to have breakfast at the campground
- 11 AM Depart campground and paddle partially against tide (low tide at 13:19)

- 13 PM have a snack on the water (no option to stop on the way)
- 14:30 PM Arrive at take-out point and start packing
- 15:30 PM Leave take-out point (option to have a snack at nearby café)
- 16:30 PM Arrive at shed and wash gear
- 17:30 PM Finish







Camp Site

Put in Point	Jacobs Well Boat Ramp	Take-out Point	Tippler's Campground on South Stradbroke Island
Alternate Route Variations	• It is possible to cut the day 1 paddle short by crossing over to South Stradbroke earlier		
Camping Information	The campground has toilets and warm showers as well as a very good café. <i>It is essential to bring your own drinking water</i> as the campground water is sourced from a borehole and is not suitable for drinking. Drinking water is sold at the kiosk.		
Information Links	https://goldcoasttouristparks.com.au/parks/tipplers-south-stradbroke-island		
Facilities	toilets, warm showers		

SAFETY

Sea kayaking on Moreton Bay can be hazardous. If conditions are unfavourable we will not go. We will register with the coast guard prior to departure and be in telephone contact. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.			
Risks and Management			
Club Sea Kayak Risk Assessment (Detailed Risk Assessments on request)			
 Drowning Sunburn Medical Conditions Cuts Strains and Sprains Dehydration Ineffective Rudder Entire Group Capsizing Hypothermia Heat Exhaustion / Hyperthermia Tripping While Walking Group Getting Lost Getting Separated from Group Animals and Plants (minor injury) Animals and Plants (major injury) Bad Weather / Weather Change Sea Sickness Capsize Rough Seas Surf Sinking Boat 	 ➢ Fitness / Fatigue ➢ Equipment Failure ➢ Enter / Exit Boat ➢ Carrying Boats ☐ Algae / Contamination ➢ Boat Traffic / Shipping ➢ Separation from Boat ➢ Missing / Broken Paddle ➢ Paddle Related Injuries / Tendonitis / Blisters ☐ Hit by Paddle ➢ Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures ➢ Panic / Fear ➢ Rocks and Submerged Objects ☐ Darkness / Stranded at Night ☐ Paddling in the Dark / Night Paddling ➢ Cooking ➢ Conjing ➢ Covid 		
 Drowsiness while Driving Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident Injury from Loading / Unloading Equipment from Vehicle Unleaded Petrol 	 Incident/Accident while Driving Becoming Lost Breakdown or Breakdown in Remote Areas Towing Trailer Covid 		
General Risk Management			
•	Conditions can be calm, but can change dramatically with winds and tides contributing significantly to this.		
Paddlers must advi affect participation unsure, they should Participants must s with this grade of c	 Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand. Participants must self-assess their, and their equipment's ability to cope with this grade of club event. The <u>club grading scale</u> is located on the club website. This should be consulted prior to registration, and any concerns or 		

anything needing clarification should be raised with the trip leader beforehand.Participants need the skills for the grade of the trip, unless modified below "Additional Comments".Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.		
 Marine Radio Moreton Bay (VZ4RQ) Ph: 3396 8666 VHF: Emergency - 16 & 67, Calling 73, Repeaters Bay (Nth) 81, (Sth) and outside the islands 82 		
• Emergencies only – 000		
 Hospital(s) Princess Alexandria Hospital: 3176 2111 199 Ipswich Rd, Woolloongabba Redland Hospital: 3488 3111 Weippin St, Cleveland QLD 4163 Medical Centre(s) Wynnum Medical Centre: 3348 9000 (Sat:1-5PM;Sun:10AM-2PM) 7/1795Wynnum Rd, Tingalpa 		
afety and Personal Equipment		
 Clothing you can get wet (on the water) Dry clothing (to keep warm) 		
 Dry crothing (to keep wath) Equipment Requirements for Grade Food adequate for trip duration Footwear suitable for paddling, swimming. Extra for on land. <i>No thongs/flip flops or bare feet</i> (oysters and spiky/venomous animals can get you!) Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag) Water and snacks accessible while paddling Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) Water – 3L per day (4L if camping) 		
 ☑ Dry Bag ☑ Life Jacket (type II) and Paddle 		
 Che Jacket (type ff) and Paddle Paddle Tie Pump, Sponge, and Bailer Paddle Float Spray Deck - if you have not used one <u>tell the leader</u> 		

	before or when you register! Pre-trip training may be needed. Suitable Craft [(sea kayak)] Whistle		
Communications	⊠ Flares ⊠ Mobile Phone ⊠ PLB/EPIRB	☐ Signal Mirror ⊠ V-Sheet	☐ VHF Radio ⊠ Whistle
Safety Equipment	⊠ First Aid Kit ⊠ Hand Pump	⊠ Paddle Floats ⊠ Repair Kit	☐ Rescue Stirrup ⊠ Spare Paddle
Additional or Emphasised Equipment	Please make sure you bring water (2-4 litres), lunch, snacks, sun protection and foot wear. Water and snacks need to be accessible whilst you paddle		
Check Paddlers' Equipment (prior to launch)	 ☑ Bailer/Pump ☑ Footwear ☑ Medication 	⊠ Life Jacket ⊠Paddle Leash ⊠ Spray Deck	⊠ Suitable Craft ⊠ Sunsmart Gear ⊠ Water

LOGISTICS

Pre-Trip Meeting	If we don't have enough cars with roof racks to carry the boats we will meet on Friday at 6pm to pack the trailer.		
Boat Loading Details	Friday 18 th Aug 6 pm (if we have to pack the trailer)		
Costs	 \$10 wear and tear contribution for club gear use (per day) \$ for petrol for your driver / trailer tower About \$15 for the campground (depends on number of participants) A few extra dollars for a coffee etc afterwards (if time). Please bring cash as we like to complete reimbursing everything at the end of the trip. Please bring a range of notes so you can reimburse directly and immediately as needed to the club, your driver, organiser for costs they may have incurred on your behalf, etc.		
Additional Comments/ Instructions	Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited.		

EVENT REGISTRATION

Register with	Steff	Email	Steff (committee member)
Limits on Numbers	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited. Trip Leader will decide.		
Register by	15/08/2024	Club Event ID	240817S